



DAVID M. RODIN, MD
Diplomate of the American Board of Urology

Dear _____,

You are scheduled for a transrectal ultrasound guided prostate biopsy on:

Biopsy

Biopsy Results

To prepare for this examination, we will call a prescription for an antibiotic to your pharmacy and you will also need to purchase a Fleets enema. (See below)

Please notify the office immediately if you are on blood thinners (such as Coumadin, Plavix or Aggrenox). **In addition, if you are taking NSAIDs, aspirin, baby aspirin, Ibuprofen, Aleve, fish oil or vitamin E or any medication that contain these medications, you must stop them one week prior to your procedure.**

PLEASE ADVISE US IF YOU HAVE HAD ANY OF THE FOLLOWING:

- Joint replacement (hip, knee etc.)
- Heart valve replacement
- Heart murmur
- Need to take antibiotics prior to going to the dentist

INSTRUCTIONS:

- **STOP** all blood thinners and related medications **ONE WEEK** prior to your procedure or as instructed by Dr. Rodin.
- Fill your antibiotic prescription (which we will call to your pharmacy), take one pill the day of your procedure **after** you administer the Fleets enema and the second pill that evening with dinner. These pills will be taken the same day as your procedure or as otherwise directed by Dr. Rodin.
- Administer the Fleets enema at home (morning/afternoon – depending on the time of your appointment), usually 3 to 4 hours before your appointment.
- We will also ask for urine sample the day of your procedure to check for infection.

No fasting is necessary. You may eat lightly the day of your procedure. If you have any questions, please call the office at 772-288-3301.